

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: ZGEEL

Coachinfo: Warming up from: 07:10 untill 08:25. Teamleadmeeting @ 07:45 The listed starttimes are indicative!

Coaches: Loos Kim HEADCOACH

Coaches: Vereecken Sven

Coaches: Dillen Toon

Coaches: De Ridder Fedor

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:1, starttime: 08:30
Heat: 1/26 Lane : 5 Athlete: GOOSSENS MARTHE					Q-time: 01:31:27
PB (25m pool): 01:31.27 Pelt 05/10/2025					PB (50m pool): 01:36.95 SB: 01:31.27 Pelt 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.04		01:31.27	
	00:45.04		00:46.23		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 08:30
Heat: 2/26 Lane : 5 Athlete: VALKENBORGHES YANNE					Q-time: 01:29:67
PB (25m pool): 01:29.67 Turnhout 02/03/2025					PB (50m pool): 01:35.01 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.13		01:29.67	
	00:44.13		00:45.54		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:3, starttime: 08:35
Heat: 3/26 Lane : 1 Athlete: HUFKENS ELINA					Q-time: 01:29:02
PB (25m pool): 01:29.02 Pelt 05/10/2025					PB (50m pool): 01:35.53 SB: 01:29.02 Pelt 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.78		01:29.02	
	00:43.78		00:45.24		
					

Coach feedback:

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Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:3, starttime: 08:35
Heat: 3/26 Lane : 3 Athlete: MOERKENS FIEN					Q-time: 01:27:50
PB (25m pool): 01:27.50 Pelt 05/10/2025			PB (50m pool): 01:28.33 SB: 01:27.50 Pelt 05/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.08		01:27.50	
	00:44.08		00:43.42		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:5, starttime: 08:40
Heat: 5/26 Lane : 1 Athlete: VAN ASTEN RENéE					Q-time: 01:25:34
PB (25m pool): 01:25.34 Antwerpen 12/10/2025			PB (50m pool): 01:28.99 SB: 01:25.34 Antwerpen 12/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:25.34	
	no time				
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:6, starttime: 08:40
Heat: 6/26 Lane : 6 Athlete: BORGHS LORE					Q-time: 01:24:76
PB (25m pool): 01:17.79 Sinbad 25/07/2023			PB (50m pool): 01:21.83 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:17.79	
	no time				
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:7, starttime: 08:45
Heat: 7/26 Lane : 2 Athlete: COESEMANS AMILIA					Q-time: 01:22:77
PB (25m pool): no time			PB (50m pool): 01:22.77 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:8, starttime: 08:45
Heat: 8/26 Lane : 1 Athlete: COOLS YELENA					Q-time: 01:21:51
PB (25m pool): 01:21.51 Pelt 05/10/2025			PB (50m pool): 01:23.97 SB: 01:21.51 Pelt 05/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.26		01:21.51	
	00:40.26		00:41.25		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:8, starttime: 08:45
Heat: 8/26 Lane : 2 Athlete: CORNELIS KAAT					Q-time: 01:21:17
PB (25m pool): no time			PB (50m pool): 01:21.17 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:8, starttime: 08:45
Heat: 8/26 Lane : 4 Athlete: DE RIDDER ROXANE					Q-time: 01:21:10
PB (25m pool): 01:21.10 TEMSE 23/11/2025			PB (50m pool): 01:22.22 SB: 01:21.10 TEMSE 23/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.24		01:21.10	
	00:39.24		00:41.86		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:8, starttime: 08:45
Heat: 8/26 Lane : 5 Athlete: POELS NOMI					Q-time: 01:21:44
PB (25m pool): 01:19.84 Geel 19/02/2023			PB (50m pool): 01:21.90 SB: 01:21.44 Nijlen 16/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:19.84	
	no time				
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: ZGEEL

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:9, starttime: 08:45
Heat: 9/26 Lane : 3 Athlete: WOUTERS MIT				Q-time: 01:20:35	
PB (25m pool): 01:20.35 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 01:24.68 SB: 01:22.93 Pelt 05/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.03		01:20.35	
	00:39.03		00:41.32		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:10, starttime: 08:50
Heat: 10/26 Lane : 6 Athlete: LEYSEN IMKE				Q-time: 01:20:31	
PB (25m pool): 01:20.31 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 01:24.74 SB: 01:23.36 Nijlen 16/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.73		01:20.31	
	00:39.73		00:40.58		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:16, starttime: 09:00
Heat: 16/26 Lane : 1 Athlete: LAGEY LISELOTTE				Q-time: 01:15:08	
PB (25m pool): 01:08.38 Stedelijk Zwembad Geel 11/02/2024 PB (50m pool): 01:15.08 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:08.38	
	no time				
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:19, starttime: 09:05	
Heat: 19/26 Lane : 1 Athlete: BRAEKEN CHARLOTTE				Q-time: 01:13:31		
PB (25m pool): 01:13.31 Temse 17/11/2025					PB (50m pool): 01:19.85SB: 01:13.31 Temse 17/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:36.40		01:13.31		
	00:36.40		00:36.91			
						

Coach feedback:

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Event number: 14: 100M BACKSTROKE WOMEN 11+				Heat:19, starttime: 09:05	
Heat: 19/26 Lane : 2 Athlete: VANLOMMEL LUISA VALENTINA				Q-time: 01:13:21	
PB (25m pool): 01:13.21 Temse 17/11/2025				PB (50m pool): 01:16.45 SB: 01:13.21 Temse 17/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.04		01:13.21	
	00:36.04		00:37.17		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 11+				Heat:19, starttime: 09:05	
Heat: 19/26 Lane : 3 Athlete: MAES JULIE				Q-time: 01:12:87	
PB (25m pool): 01:12.87 Aarschot 28/07/2025				PB (50m pool): 01:13.95 SB: 01:12.93 Nijlen 16/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.98		01:12.87	
	00:34.98		00:37.89		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 11+				Heat:20, starttime: 09:10	
Heat: 20/26 Lane : 1 Athlete: VAN TILBURG FRAUKE				Q-time: 01:12:56	
PB (25m pool): 01:12.56 Temse 17/11/2025				PB (50m pool): 01:16.24 SB: 01:12.56 Temse 17/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.19		01:12.56	
	00:35.19		00:37.37		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 11+				Heat:24, starttime: 09:15	
Heat: 24/26 Lane : 3 Athlete: NIJZIEL NOVA				Q-time: 01:05:38	
PB (25m pool): 01:03.85 Stedelijk Zwembad Geel 11/02/2024				PB (50m pool): 01:07.69 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:03.85	
	no time				
					

Coach feedback:

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Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:24, starttime: 09:15
Heat: 24/26 Lane : 4 Athlete: NIJZIEL FRÉDÉRIQUE					Q-time: 01:06:39
PB (25m pool): 01:09.21 Stedelijk Zwembad Geel 11/02/2024 PB (50m pool): 01:10.50 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:09.21	
	no time				
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:25, starttime: 09:20
Heat: 25/26 Lane : 1 Athlete: OOMS SARI					Q-time: 01:08:07
PB (25m pool): 01:07.26 Stedelijk Zwembad Geel 11/02/2024 PB (50m pool): 01:10.89 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:07.26	
	no time				
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 11+					Heat:26, starttime: 09:20
Heat: 26/26 Lane : 5 Athlete: DRIES SIEN					Q-time: 01:07:05
PB (25m pool): 01:07.05 Turnhout 02/03/2025 PB (50m pool): 01:10.45 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.55		01:07.05	
	00:32.55		00:34.50		
					

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+					Heat:2, starttime: 09:25
Heat: 2/20 Lane : 2 Athlete: LIEVENS RUBE					Q-time: 01:37:25
PB (25m pool): 01:37.25 Pelt 05/10/2025 PB (50m pool): 01:36.79 SB: 01:37.25 Pelt 05/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.96		01:37.25	
	00:45.96		00:51.29		
					

Coach feedback:

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Event number: 15: 100M BREASTSTROKE MEN 11+				Heat:2, starttime: 09:25	
Heat: 2/20 Lane : 4 Athlete: NEYRINCK RUBEN				Q-time: 01:37:05	
PB (25m pool): 01:37.05 Temse 17/11/2025				PB (50m pool): 01:47.89 SB: 01:37.05 Temse 17/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.07		01:37.05	
	00:47.07		00:49.98		
					

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+				Heat:5, starttime: 09:30	
Heat: 5/20 Lane : 2 Athlete: VAN TILBURG MATTHIAS				Q-time: 01:30:48	
PB (25m pool): 01:19.79 De Sprink 02/06/2024				PB (50m pool): 01:28.39 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:19.79	
	no time				
					

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+				Heat:5, starttime: 09:30	
Heat: 5/20 Lane : 5 Athlete: AGTEN VALERIO ÁLVARO				Q-time: 01:31:08	
PB (25m pool): 01:31.08 Stedelijk Zwembad Geel 16/02/2025				PB (50m pool): 01:34.72 SB: 01:31.24 Pelt 05/10/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.40		01:31.08	
	00:43.40		00:47.68		
					

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+				Heat:8, starttime: 09:35	
Heat: 8/20 Lane : 4 Athlete: MAES MATHIJS				Q-time: 01:26:39	
PB (25m pool): 01:26.39 Nijlen 16/11/2025				PB (50m pool): 01:25.98 SB: 01:26.39 Nijlen 16/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.08		01:26.39	
	00:40.08		00:46.31		
					

Coach feedback:

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Event number: 15: 100M BREASTSTROKE MEN 11+				Heat:9, starttime: 09:35	
Heat: 9/20 Lane : 1 Athlete: GILLES NATHAN				Q-time: 01:25:30	
PB (25m pool): 01:25.30 Pelt 05/10/2025				PB (50m pool): 01:26.61 SB: 01:25.30 Pelt 05/10/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.29		01:25.30	
	00:39.29		00:46.01		
					

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+				Heat:9, starttime: 09:35	
Heat: 9/20 Lane : 4 Athlete: ZRIRAK WAEL				Q-time: 01:24:63	
PB (25m pool): 01:25.06 Nijlen 17/11/2024				PB (50m pool): 01:24.63 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.09		01:25.06	
	00:39.09		00:45.97		
					

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+				Heat:14, starttime: 09:45	
Heat: 14/20 Lane : 1 Athlete: BEGUE MILANN				Q-time: 01:17:21	
PB (25m pool): 01:17.21 Bree 21/12/2025				PB (50m pool): 01:22.57 SB: 01:17.21 Bree 21/12/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.04		01:17.21	
	00:36.04		00:41.17		
					

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+				Heat:15, starttime: 09:45	
Heat: 15/20 Lane : 3 Athlete: HAESENDONCKX JARNE				Q-time: 01:13:95	
PB (25m pool): 01:13.95 Stedelijk Zwembad Geel 16/02/2025				PB (50m pool): 01:16.63 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.07		01:13.95	
	00:34.07		00:39.88		
					

Coach feedback:

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Event number: 15: 100M BREASTSTROKE MEN 11+					Heat:16, starttime: 09:50
Heat: 16/20 Lane : 1 Athlete: DILLEN FINN					Q-time: 01:13:40
PB (25m pool): 01:13.40 TEMSE 23/11/2025					PB (50m pool): 01:15.70 SB: 01:13.40 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.89		01:13.40	
	00:34.89		00:38.51		
					

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+					Heat:16, starttime: 09:50
Heat: 16/20 Lane : 6 Athlete: HUFKENS ILIAN					Q-time: 01:13:71
PB (25m pool): 01:13.71 TEMSE 23/11/2025					PB (50m pool): 01:14.49 SB: 01:13.71 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.49		01:13.71	
	00:34.49		00:39.22		
					

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+					Heat:17, starttime: 09:50
Heat: 17/20 Lane : 1 Athlete: MICHOEL QUINTEN					Q-time: 01:11:85
PB (25m pool): 01:11.85 Stedelijk Zwembad Geel 16/02/2025					PB (50m pool): 01:15.12 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.30		01:11.85	
	00:33.30		00:38.55		
					

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+					Heat:18, starttime: 09:50
Heat: 18/20 Lane : 1 Athlete: VANTHOURNOUT XANDER					Q-time: 01:09:55
PB (25m pool): 01:08.91 Gent(Sint-Amandsberg) 11/11/2024					PB (50m pool): 01:12.34 SB: 01:10.64 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.24		01:08.91	
	00:32.24		00:36.67		
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: ZGEEL

Event number: 15: 100M BREASTSTROKE MEN 11+					Heat:18, starttime: 09:50
Heat: 18/20 Lane : 3 Athlete: VAN BALLAER VIKTOR					Q-time: 01:04:72
PB (25m pool): 01:04.72 Gent 09/11/2025					PB (50m pool): 01:08.95 SB: 01:04.72 Gent 09/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.27		01:04.72	
	00:30.27		00:34.45		
					

Coach feedback:

Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:3, starttime: 10:00
Heat: 3/19 Lane : 3 Athlete: HUFKENS ELINA					Q-time: 01:38:55
PB (25m pool): 01:38.55 Nijlen 16/11/2025					PB (50m pool): 01:48.00 SB: 01:38.55 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.72		01:38.55	
	00:43.72		00:54.83		
					

Coach feedback:

Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:4, starttime: 10:00
Heat: 4/19 Lane : 3 Athlete: GOOSSENS MARTHE					Q-time: 01:36:12
PB (25m pool): no time					PB (50m pool): 01:36.12 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:5, starttime: 10:05
Heat: 5/19 Lane : 1 Athlete: WOUTERS DORA					Q-time: 01:35:56
PB (25m pool): 01:35.56 Nijlen 16/11/2025					PB (50m pool): 01:34.99 SB: 01:35.56 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.26		01:35.56	
	00:42.26		00:53.30		
					

Coach feedback:

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Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:5, starttime: 10:05
Heat: 5/19 Lane : 6 Athlete: WOUTERS MIT					Q-time: 01:35:68
PB (25m pool): 01:35.68 Antwerpen 12/10/2025					PB (50m pool): 01:36.36 SB: 01:35.68 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.06		01:35.68	
	00:43.06		00:52.62		
					

Coach feedback:

Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:6, starttime: 10:05
Heat: 6/19 Lane : 3 Athlete: BOECKX PAULIEN					Q-time: 01:31:50
PB (25m pool): 01:29.78 Nijlen 17/11/2024					PB (50m pool): 01:34.71 SB: 01:31.50 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.78		01:29.78	
	00:40.78		00:49.00		
					

Coach feedback:

Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:7, starttime: 10:10
Heat: 7/19 Lane : 5 Athlete: MOERKENS FIEN					Q-time: 01:30:27
PB (25m pool): no time					PB (50m pool): 01:30.27 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:8, starttime: 10:10
Heat: 8/19 Lane : 1 Athlete: DE RIDDER ROXANE					Q-time: 01:26:40
PB (25m pool): 01:26.40 Nijlen 16/11/2025					PB (50m pool): 01:28.12 SB: 01:26.40 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.21		01:26.40	
	00:38.21		00:48.19		
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: ZGEEL

Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:8, starttime: 10:10
Heat: 8/19 Lane : 2 Athlete: VALKENBORGHs YANNE					Q-time: 01:26:11
PB (25m pool): 01:26.11 Herentals 17/05/2025					PB (50m pool): 01:23.88 SB: 01:26.33 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.68		01:26.11	
	00:39.68		00:46.43		
					

Coach feedback:

Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:11, starttime: 10:15
Heat: 11/19 Lane : 2 Athlete: LEYSEN IMKE					Q-time: 01:18:86
PB (25m pool): 01:18.86 Stedelijk Zwembad Geel 16/02/2025					PB (50m pool): 01:20.36 SB: 01:23.42 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.72		01:18.86	
	00:36.72		00:42.14		
					

Coach feedback:

Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:11, starttime: 10:15
Heat: 11/19 Lane : 6 Athlete: POELS NOMI					Q-time: 01:19:04
PB (25m pool): 01:19.04 Herentals 17/05/2025					PB (50m pool): 01:25.25 SB: 01:19.70 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.43		01:19.04	
	00:36.43		00:42.61		
					

Coach feedback:

Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:13, starttime: 10:20
Heat: 13/19 Lane : 5 Athlete: VANLOMMEL LUISA VALENTINA					Q-time: 01:17:36
PB (25m pool): 01:17.36 Antwerpen 12/10/2025					PB (50m pool): 01:20.12 SB: 01:17.36 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.27		01:17.36	
	00:35.27		00:42.09		
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: ZGEEL

Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:14, starttime: 10:20
Heat: 14/19 Lane : 3 Athlete: BOOGERS NOOR					Q-time: 01:13:79
PB (25m pool): 01:13.79 Temse 17/11/2025			PB (50m pool): 01:15.33 SB: 01:13.79 Temse 17/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.91		01:13.79	
	00:34.91		00:38.88		
					

Coach feedback:

Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:15, starttime: 10:20
Heat: 15/19 Lane : 1 Athlete: VAN TILBURG FRAUKE					Q-time: 01:13:39
PB (25m pool): 01:13.39 Nijlen 16/11/2025			PB (50m pool): 01:18.36 SB: 01:13.39 Nijlen 16/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.83		01:13.39	
	00:33.83		00:39.56		
					

Coach feedback:

Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:15, starttime: 10:20
Heat: 15/19 Lane : 2 Athlete: MAES JULIE					Q-time: 01:12:80
PB (25m pool): 01:12.80 Herentals 17/05/2025			PB (50m pool): 01:18.84 SB: 01:14.15 Nijlen 16/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.90		01:12.80	
	00:32.90		00:39.90		
					

Coach feedback:

Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:16, starttime: 10:25
Heat: 16/19 Lane : 3 Athlete: DRIES SIEN					Q-time: 01:10:04
PB (25m pool): 01:08.46 Stedelijk Zwembad Geel 11/02/2024			PB (50m pool): 01:10.61 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:08.46	
	no time				
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: ZGEEL

Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:16, starttime: 10:25
Heat: 16/19 Lane : 5 Athlete: DILLEN NORAH					Q-time: 01:11:04
PB (25m pool): 01:11.04 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 01:13.45 SB: 01:14.18 Nijlen 16/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.18		01:11.04	
	00:33.18		00:37.86		
					

Coach feedback:

Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:17, starttime: 10:25
Heat: 17/19 Lane : 3 Athlete: NIJZIEL NOVA					Q-time: 01:04:27
PB (25m pool): 01:02.69 Stedelijk Zwembad Geel 11/02/2024 PB (50m pool): 01:05.20 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:02.69	
	no time				
					

Coach feedback:

Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:19, starttime: 10:30
Heat: 19/19 Lane : 3 Athlete: NIJZIEL FRÉDÉRIQUE					Q-time: 01:03:94
PB (25m pool): 01:04.95 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 01:05.00 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.97		01:04.95	
	00:29.97		00:34.98		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:2, starttime: 10:40
Heat: 2/37 Lane : 1 Athlete: NIEUWENHUIS ISAAC					Q-time: 01:52:59
PB (25m pool): 01:57.81 Arendonk 30/11/2025 PB (50m pool): 01:52.59 SB: 01:57.81 Arendonk 30/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:56.37		01:57.81	
	00:56.37		01:01.44		
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: ZGEEL

Event number: 17: 100M FREESTYLE MEN 11+					Heat:2, starttime: 10:40
Heat: 2/37 Lane : 3 Athlete: VAN MEER RUNE					Q-time: 01:34:19
PB (25m pool): 01:34.19 Arendonk 30/11/2025					PB (50m pool): 01:36.73 SB: 01:34.19 Arendonk 30/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.72		01:34.19	
	00:45.72		00:48.47		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:2, starttime: 10:40
Heat: 2/37 Lane : 4 Athlete: CORREIA DE OLIVEIRA TIAGO					Q-time: 01:35:66
PB (25m pool): 01:35.66 Arendonk 30/11/2025					PB (50m pool): 01:32.68 SB: 01:35.66 Arendonk 30/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.18		01:35.66	
	00:51.18		00:44.48		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:3, starttime: 10:45
Heat: 3/37 Lane : 1 Athlete: GOOSSENS FERRE					Q-time: 01:32:13
PB (25m pool): 01:32.13 Nijlen 16/11/2025					PB (50m pool): no time SB: 01:32.13 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.63		01:32.13	
	00:40.63		00:51.50		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:4, starttime: 10:45
Heat: 4/37 Lane : 4 Athlete: DE FEYTER LUCAS					Q-time: 01:23:73
PB (25m pool): 01:23.73 Nijlen 16/11/2025					PB (50m pool): 01:31.93 SB: 01:23.73 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.13		01:23.73	
	00:41.13		00:42.60		
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: ZGEEL

Event number: 17: 100M FREESTYLE MEN 11+				Heat:7, starttime: 10:50	
Heat: 7/37 Lane : 1 Athlete: RAMSDONCK KRIS				Q-time: 01:16:35	
PB (25m pool): 01:16.35 Temse 17/11/2025				PB (50m pool): 01:15.54 SB: 01:16.35 Temse 17/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.20		01:16.35	
	00:36.20		00:40.15		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+				Heat:11, starttime: 10:55	
Heat: 11/37 Lane : 4 Athlete: STERCKX DAAN				Q-time: 01:10:65	
PB (25m pool): 01:10.65 Temse 17/11/2025				PB (50m pool): 01:11.55 SB: 01:10.65 Temse 17/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.04		01:10.65	
	00:34.04		00:36.61		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+				Heat:12, starttime: 11:00	
Heat: 12/37 Lane : 1 Athlete: LIEVENS RUBE				Q-time: 01:10:07	
PB (25m pool): 01:10.07 TEMSE 23/11/2025				PB (50m pool): 01:11.55 SB: 01:10.07 TEMSE 23/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.08		01:10.07	
	00:33.08		00:36.99		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+				Heat:13, starttime: 11:00	
Heat: 13/37 Lane : 2 Athlete: NEYRINCK RUBEN				Q-time: 01:08:97	
PB (25m pool): 01:08.97 Temse 17/11/2025				PB (50m pool): 01:09.47 SB: 01:08.97 Temse 17/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.87		01:08.97	
	00:33.87		00:35.10		
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: ZGEEL

Event number: 17: 100M FREESTYLE MEN 11+					Heat:13, starttime: 11:00
Heat: 13/37 Lane : 6 Athlete: MAES MATHIJS					Q-time: 01:09:30
PB (25m pool): 01:09.30 TEMSE 23/11/2025					PB (50m pool): 01:09.37 SB: 01:09.30 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.10		01:09.30	
	00:33.10		00:36.20		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:14, starttime: 11:00
Heat: 14/37 Lane : 4 Athlete: AGTEN VALERIO ÁLVARO					Q-time: 01:07:68
PB (25m pool): 01:07.68 Nijlen 16/11/2025					PB (50m pool): 01:06.88 SB: 01:07.68 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.11		01:07.68	
	00:32.11		00:35.57		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:14, starttime: 11:00
Heat: 14/37 Lane : 6 Athlete: GILLES NATHAN					Q-time: 01:08:41
PB (25m pool): 01:08.41 Nijlen 16/11/2025					PB (50m pool): 01:08.10 SB: 01:08.41 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.81		01:08.41	
	00:32.81		00:35.60		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:23, starttime: 11:15
Heat: 23/37 Lane : 5 Athlete: DILLEN FINN					Q-time: 00:59:91
PB (25m pool): 00:59.91 TEMSE 23/11/2025					PB (50m pool): 01:02.65 SB: 00:59.91 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.67		00:59.91	
	00:28.67		00:31.24		
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: ZGEEL

Event number: 17: 100M FREESTYLE MEN 11+					Heat:24, starttime: 11:15
Heat: 24/37 Lane : 2 Athlete: DE VISSER SAM					Q-time: 00:59:54
PB (25m pool): no time			PB (50m pool): 00:59.54 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:27, starttime: 11:20
Heat: 27/37 Lane : 5 Athlete: HUFKENS ILIAN					Q-time: 00:58:32
PB (25m pool): 00:58.32 TEMSE 23/11/2025			PB (50m pool): 00:58.37 SB: 00:58.32 TEMSE 23/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.13		00:58.32	
	00:28.13		00:30.19		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:30, starttime: 11:25
Heat: 30/37 Lane : 3 Athlete: BEGUE MILANN					Q-time: 00:56:41
PB (25m pool): 00:56.41 TEMSE 23/11/2025			PB (50m pool): 00:57.39 SB: 00:56.41 TEMSE 23/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.27		00:56.41	
	00:27.27		00:29.14		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:32, starttime: 11:25
Heat: 32/37 Lane : 1 Athlete: HUFKENS IBEN					Q-time: 00:55:84
PB (25m pool): 00:55.84 TEMSE 23/11/2025			PB (50m pool): 00:58.53 SB: 00:55.84 TEMSE 23/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:26.90		00:55.84	
	00:26.90		00:28.94		
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: ZGEEL

Event number: 17: 100M FREESTYLE MEN 11+					Heat:32, starttime: 11:25
Heat: 32/37 Lane : 3 Athlete: ZRIRAK WAEI					Q-time: 00:55:29
PB (25m pool): 00:55.29 TEMSE 23/11/2025					PB (50m pool): 00:56.93 SB: 00:55.29 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:26.34		00:55.29	
	00:26.34		00:28.95		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:34, starttime: 11:30
Heat: 34/37 Lane : 3 Athlete: VANTHOURNOUT XANDER					Q-time: 00:54:19
PB (25m pool): 00:54.16 Gent(Sint-Amandsberg) 11/11/2024					PB (50m pool): 00:55.54 SB: 00:54.63 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:26.14		00:54.16	
	00:26.14		00:28.02		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:34, starttime: 11:30
Heat: 34/37 Lane : 4 Athlete: HAESENDONCKX JARNE					Q-time: 00:54:21
PB (25m pool): 00:54.21 TEMSE 23/11/2025					PB (50m pool): 00:55.56 SB: 00:54.21 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:25.69		00:54.21	
	00:25.69		00:28.52		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:34, starttime: 11:30
Heat: 34/37 Lane : 5 Athlete: VAN TILBURG MATTHIAS					Q-time: 00:54:27
PB (25m pool): 00:54.27 Stedelijk Zwembad Geel 16/02/2025					PB (50m pool): 00:54.98 SB: 00:54.52 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:25.91		00:54.27	
	00:25.91		00:28.36		
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: ZGEEL

Event number: 17: 100M FREESTYLE MEN 11+					Heat:35, starttime: 11:30
Heat: 35/37 Lane : 2 Athlete: VAN BALLAER VIKTOR					Q-time: 00:52:14
PB (25m pool): 00:52.14 Gent 09/11/2025					PB (50m pool): 00:54.75 SB: 00:52.14 Gent 09/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:25.10		00:52.14	
	00:25.10		00:27.04		
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:37, starttime: 11:35
Heat: 37/37 Lane : 1 Athlete: MICHOEL QUINTEN					Q-time: 00:53:23
PB (25m pool): 00:53.23 Antwerpen 12/10/2025					PB (50m pool): 00:54.45 SB: 00:53.23 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:25.47		00:53.23	
	00:25.47		00:27.76		
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:2, starttime: 11:35
Heat: 2/33 Lane : 3 Athlete: VAN ASTEN RENÉE					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:2, starttime: 11:35
Heat: 2/33 Lane : 5 Athlete: DJONOU IMBA ITZANA					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: ZGEEL

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 11:40
Heat: 3/33 Lane : 2 Athlete: NIEUWENHUIS ZOë					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 11:45
Heat: 5/33 Lane : 1 Athlete: MAERTENS HELENA					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 11:45
Heat: 5/33 Lane : 3 Athlete: SEGERS EMMA					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 11:45
Heat: 5/33 Lane : 6 Athlete: BORGHS LORE					Q-time: 99:99:99
PB (25m pool): 01:16.39 Stedelijk Zwembad Geel 11/02/2024 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:16.39	
	no time				
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: ZGEEL

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 11:45
Heat: 6/33 Lane : 2 Athlete: VAN DE WEYER FOUKE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 11:45
Heat: 6/33 Lane : 3 Athlete: BOECKX LISA					Q-time: 01:51:79
PB (25m pool): 01:51.79 Pelt 05/10/2025 PB (50m pool): no time SB: 01:51.79 Pelt 05/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:51.79	
	no time				
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 11:50
Heat: 8/33 Lane : 4 Athlete: AERTS SIEN					Q-time: 01:41:10
PB (25m pool): 01:41.10 Nijlen 16/11/2025 PB (50m pool): no time SB: 01:41.10 Nijlen 16/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:41.10	
	no time				
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 11:50
Heat: 8/33 Lane : 6 Athlete: SCHEPERS LENTHE					Q-time: 01:43:74
PB (25m pool): 01:43.74 Nijlen 16/11/2025 PB (50m pool): no time SB: 01:43.74 Nijlen 16/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:43.74	
	no time				
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: ZGEEL

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:11, starttime: 11:55
Heat: 11/33 Lane : 2 Athlete: WOUTERS DORA					Q-time: 01:31:96
PB (25m pool): 01:31.96 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.78		01:31.96	
	00:42.78		00:49.18		
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:14, starttime: 12:00
Heat: 14/33 Lane : 4 Athlete: VALKENBORGHES YANNE					Q-time: 01:24:63
PB (25m pool): 01:24.63 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.04		01:24.63	
	00:39.04		00:45.59		
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:14, starttime: 12:00
Heat: 14/33 Lane : 6 Athlete: WOUTERS MIT					Q-time: 01:25:46
PB (25m pool): 01:25.46 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: 01:32.46 Arendonk 30/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.05		01:25.46	
	00:38.05		00:47.41		
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:16, starttime: 12:05
Heat: 16/33 Lane : 1 Athlete: BOECKX PAULIEN					Q-time: 01:22:96
PB (25m pool): 01:22.96 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.73		01:22.96	
	00:38.73		00:44.23		
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: ZGEEL

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:17, starttime: 12:05
Heat: 17/33 Lane : 6 Athlete: BOOGERS NOOR					Q-time: 01:21:91
PB (25m pool): 01:21.91 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.57		01:21.91	
	00:38.57		00:43.34		
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:19, starttime: 12:10
Heat: 19/33 Lane : 2 Athlete: LEYSEN IMKE					Q-time: 01:19:31
PB (25m pool): 01:19.31 Arendonk 30/11/2025 PB (50m pool): no time SB: 01:19.31 Arendonk 30/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:19.31	
	no time				
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:19, starttime: 12:10
Heat: 19/33 Lane : 4 Athlete: COESEMANS AMILIA					Q-time: 01:19:24
PB (25m pool): 01:19.24 Arendonk 30/11/2025 PB (50m pool): no time SB: 01:19.24 Arendonk 30/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:19.24	
	no time				
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:19, starttime: 12:10
Heat: 19/33 Lane : 5 Athlete: COOLS YELENA					Q-time: 01:19:53
PB (25m pool): 01:19.53 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.16		01:19.53	
	00:37.16		00:42.37		
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: ZGEEL

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:20, starttime: 12:10
Heat: 20/33 Lane : 2 Athlete: BRAEKEN CHARLOTTE					Q-time: 01:18:30
PB (25m pool): 01:18.30 Sinbad 22/07/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:18.30	
	no time				
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:20, starttime: 12:10
Heat: 20/33 Lane : 4 Athlete: POELS NOMI					Q-time: 01:18:06
PB (25m pool): 01:18.06 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: 01:21.17 Arendonk 30/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.87		01:18.06	
	00:36.87 00:41.19				
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:21, starttime: 12:15
Heat: 21/33 Lane : 3 Athlete: VANLOMMEL LUISA VALENTINA					Q-time: 01:16:95
PB (25m pool): 01:16.95 Sinbad 22/07/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:16.95	
	no time				
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:27, starttime: 12:20
Heat: 27/33 Lane : 6 Athlete: MAES JULIE					Q-time: 01:12:47
PB (25m pool): 01:12.47 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.49		01:12.47	
	00:33.49 00:38.98				
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: ZGEEL

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:29, starttime: 12:25
Heat: 29/33 Lane : 3 Athlete: DILLEN NORAH					Q-time: 01:10:54
PB (25m pool): 01:09.06 Stedelijk Zwembad Geel 11/02/2024 PB (50m pool): no time SB: 01:11.29 Gent 09/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:09.06	
	no time				
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:30, starttime: 12:25
Heat: 30/33 Lane : 1 Athlete: DRIES SIEN					Q-time: 01:10:28
PB (25m pool): 01:10.28 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.72		01:10.28	
	00:31.72 00:38.56				
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:32, starttime: 12:30
Heat: 32/33 Lane : 1 Athlete: NIJZIEL FRÉDÉRIQUE					Q-time: 01:08:89
PB (25m pool): 01:08.89 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.08		01:08.89	
	00:31.08 00:37.81				
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:32, starttime: 12:30
Heat: 32/33 Lane : 4 Athlete: NIJZIEL NOVA					Q-time: 01:07:04
PB (25m pool): 01:06.22 Stedelijk Zwembad Geel 11/02/2024 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:06.22	
	no time				
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: ZGEEL

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:33, starttime: 12:30
Heat: 33/33 Lane : 5 Athlete: OOMS SARI					Q-time: 01:08:67
PB (25m pool): 01:08.62 Stedelijk Zwembad Geel 11/02/2024 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:08.62	
	no time				
					

Coach feedback: